burst

Pro Sonic Toothbrush User Manual

THE "ODDLY PERSONAL" FOUNDERS OF BURST

Welcome, welcome to the wonderful world of brushing like a Pro! Thank you for putting your trust in us and all the BURST Ambassador Dental Professionals who have embraced and championed our growing company like a big sparkly bunch of oral care stars.

The BURST Pro is the peak of dental technology. Co-created with 1000s of oral health experts, it provides the ultimate cleaning and whitening experience and is clinically proven to remove up to 10x more plaque* than a manual brush. Featuring a high-end color LED screen, smart brushing technology to provide optimal care, and a category-defining up to 9 month rechargeable battery life, it's the ultimate brush for whiter teeth and a healthier mouth.

BURST is our baby, and we are obsessed with making high-quality, affordable oral care products available to everyone. While we may not be saving the world from asteroids headed for Earth, we're protecting humankind in another – equally important! – way. We're saving the world from overpriced oral care products. Oh, and making our moms proud. Hi, mom!

We think that's fantastic and we're grinning like a pair of possums in a peanut patch. Ready to see what all the fuss is about?

Brittany Hamish

Brittany & Hamish
Best friends & founders of BURST

Instructions

Getting started

Step 1: Turning the brush on

Wahoo, your brush comes fully charged! To wake your brush, click the power button once. The LED screen will light up and show you the automatic mode - whitening.

Step 2: Choose your mode

To initiate a cycle with the last mode used, click the power button twice. Choose between 5 customizable modes:

1. Whitening: For intense brilliance and a next-level clean.
2. Clean: Optimal efficiency to strike the perfect balance.
3. Massage: Pulsating therapy relief for patients with discomfort.
4. Sensitive: Soothing care perfect for sensitivity or tenderness.
5. Freshen: Breath-revitalizing, gentle bacteria elimination.

Step 3: Experience the clean!

Treat yourself to the next two minutes of guided brushing with your new customized, powerful yet gentle tool. The pros designed it for you.

Anatomy of the brush

1. Super soft, tapered bristles
2. Intelligent pressure sensor gives real-time feedback
3. Interactive LED screen display
4. Power button
5. IPx7 water-resistant and ergonomic grip
6. Rechargeable lithium-ion battery for up to 9 month charge
7. USB-C port
8. Wireless charging base

Using the Pro

How to use the Pro:

- Click the power button once to wake up your brush.
- Select your mode of choice.
- Once the mode is selected, press the button again to begin brushing.
- Once you apply the correct pressure to your mouth, the pressure sensor will engage your selected mode. If you push too hard or too soft, the brush will slow down to guide you back into the proper mode.
- Every 30 seconds the brush will guide you on when to switch quadrants of your mouth
- Once your two minutes are up, the brush will automatically stop the brushing cycle and provide you with a brushing score to tell you how you did.
- Your brushing score is graded according to how long you used the correct amount of pressure, aka. when you were in the “green mode”:

You will see a crown when you are brushing in green mode of pressure for 90 seconds or more.

You will see a cup when you are brushing in green mode of pressure for 60 seconds or more.

You will see a frown face when you are brushing in green mode of pressure for 60 seconds or less.

- If you would like to force turn off the brush, press and hold the smiley button until the device shuts down.
- The screen will display the remaining battery life, so you'll know when to recharge.

Tips

Optimal brushing technique for a healthier smile

Achieving the perfect brush is easier than you think! Follow these three simple steps for exceptional oral care: With this technique, you're on your way to a healthier, brighter smile!

The right angle

Begin in one quadrant of your mouth (e.g., top left or bottom right). Position your BURST brush at a 45-degree angle towards your gumline

Take it slow

Move the brush gently from tooth to tooth, ensuring each one gets a few seconds of attention. Our built in smart pressure sensor helps protect your teeth and gums by reducing brushing intensity when you apply too much pressure.

Show each quadrant love

The handy built-in timer will pause briefly to remind you to switch to the next section.

Proven Results

Clinical results:*

- Clinically proven to remove up to 10x more plaque
- Clinically proven to remove up to 4x more plaque from between teeth
- Up to 95% greater plaque removal in hard-to-reach areas
- Reduce gum bleeding up to 3x
- 96% of users said this brush gave them a professional clean feeling

*Via multiple independent clinical studies comparing BURST to a manual toothbrush. Data at burstoralcare.com/clinical.

Features

Industry leading battery life:

Rechargeable battery lasts up to 9 months on a single charge. That means you can focus on brushing and not have to worry about running out of juice!

Smart pressure sensor:

Advanced pressure sensor helps prevent over brushing and protect gums with real time feedback to improve brushing technique.

If the brush slows down mid-cycle, don't panic! This is the brush gently reminding you to readjust your pressure (lighten up or apply more). Once you do, it will resume your chosen mode.

Brush score: After two minutes of brushing, your brush will give you a nifty score to tell you how well you did.

Want to deactivate the pressure sensor? → Click here

Good to know: Regardless of the selected mode, the brush will idle at a low speed until the head recognizes pressure (aka you start actually brushing).

Advanced LED screen:

Displays 5 custom modes (whitening, massage, sensitive, freshen, clean) and two-minute timer with 30-second quad interval timer.

5 custom modes

1. **Whitening:** For intense brilliance and a next-level clean, unleash the power of this setting. Engineered to fight bacteria, return natural luster, and enhance hygiene by delivering transformative strength to your oral health ritual. Ideal for those seeking a radiant mouth, this mode guarantees a purifying clean with extraordinary efficacy.

2. **Clean:** Optimal efficiency. Achieve impeccable cleanliness with the mode that strikes the perfect balance. It deftly cleans teeth without being too intense on those with more sensitive mouths. Perfect as part of your daily self-care regimen to ensure a thorough cleaning experience while maintaining the health and integrity of gums and teeth.

3. **Massage:** Pulsating therapy. Indulge in the mode tailored for sensitive gums. With gentle vibrations that alleviate discomfort and promote gum health, massage mode soothes and stimulates.

4. **Sensitive:** Soothing care. Enjoy a gentle, comforting mode that caresses gums and teeth — perfect for sensitivity or tenderness. Start your day softly and end it with a peaceful clean before snuggling up in bed. Excellent for those new to the electric brushing world.

5. **Freshen:** This breath-revitalizing setting gently scrubs bacteria from teeth, gums, and tongue to refresh your oral cavity. Particularly useful for delivering a comprehensive clean to folks with sensitive gag reflexes — because brushing should be an enjoyable, revitalizing, productive experience.

Hygienist approved bristles

Soft tapered bristles clean without damage, reach plaque below the gumline, and make teeth feel deliciously smooth. Our bristles are a thing of beauty. Multi-length and interdentally cut (be still our beating hearts), they can reach all those tricky nooks and craters where plaque loves to camp out, all while protecting your gums. BURST's black bristles are cut from a different cloth – rather than scratchy nylon, we use a material called PBT.

A handy two minute timer

Our buddies, the genius BURST Ambassador Dental Professionals, tell us that two minutes is the minimum amount of time you should spend brushing your teeth. No need to watch the countdown when you brush with BURST, thanks to the built-in timer that lets you know when two minutes are up! Oh, and if you ever need to pause, just press the smiley button once. Do you tend to focus on one area of your mouth over another? Luckily, your brush is equipped with a special feature that makes it pause briefly every 30 seconds so you can move to a new section and every tooth can get that sweet, sweet lovin'.

Questions? We've got the answers

Why is there a gap between the toothbrush head and the handle?

This nifty little gap makes a big difference. It focuses the cleansing sonic vibrations directly to the head, through the bristles, and to your pearly whites! That way they don't travel to the handle — because no one wants a tickle monster for a toothbrush. You get a more targeted, effective clean, and a better feel in your hand!

How does the pressure sensor work on the Pro Sonic Toothbrush?

The BURST Pro works as a long term coaching tool. It helps prevent you from applying too much or too little pressure on teeth and gums IN REAL TIME.

If the brush slows down mid-cycle, don't panic! This brush gently reminds you to readjust your pressure (lighten up or apply more). Once you do, it will resume your chosen mode.

Brush score: After two minutes of brushing, your brush will give you a nifty score to tell you how well you did.

Good to know: Regardless of the selected mode, the brush will idle until the head recognizes pressure (aka you start brushing).

How do I start my

replacement head subscription?

If you purchased a brush directly from our website, you're automatically enrolled! You can look forward to free shipping and a lifetime warranty while subscribed.

If you purchased from one of our amazing partners or received it as a gift, then power up our website and sign up to either start your subscription and lifetime warranty or register your device for a one-year warranty.

How to change between modes on the Pro Sonic Toothbrush?

Hold the power button until the LED screen cycles through mode options. Release the button on the mode you want, then press again to start.

How do I reset my Pro Sonic Toothbrush?

Hold the power button while placing the brush on its charging base. In around 7 seconds, the brush will display a menu. Release the power button, then click it once more before removing it from the base. It is now reset.

Can I use any cable to charge the Pro Sonic Toothbrush?

For the optimal charging experience, we strongly recommend utilizing the included USB-C cord that comes packaged with the product. The BURST Pro Sonic Toothbrush features a wireless charging system with a sleek, low-profile cradle designed to resist germs and simplify cleaning. The cradle conveniently connects to a USB-C power adapter, allowing you to remove unnecessary clutter from your countertop.

Should I use toothpaste with this brush?

Yes, it is advisable to use toothpaste while brushing for the best clean possible. You can use whatever kind you like, but BURST does have a fantastic array of pastes that are designed to work perfectly with your brush.

How do I clean the brush?

Rinse after each use and dry the handle thoroughly. If extra care is needed, gently wash with soap and warm water or wipe down with a tiny bit of rubbing alcohol.

How do I contact support?

Give us a shout at hello@burstoralcare.com. One of our friendly crew members will reply.

Development Process

This is the future of oral care.

How we make all our products

I know, a bold statement, but when you look at it, this brush has all the right ingredients to change the game. It's been six years in the making, six years of oral care experts going ga-ga about it.

This brush's predecessor is now championed by over 35,000 pros. Millions use it daily. People have gone crackers! Funny to think it's just a toothbrush we're talking about.

And that's why the Pro is so mind-bendingly good. Six years of people shouting about a brush. That's a lot of noise, a lot of energy laced with decades worth of professional experience. Through conversations, surveys, and panels with our professional network, we've pulled every shred of knowledge. This brush is dripping with it. We're one step closer to oral care nirvana!

Sounds a bit peacocky, I know. But trust me, soon, like me, you'll be crowing from the nearest tree. So count yourself lucky I spared you the earache!

Extra info

Random but important safety info

The charger is meant for a standard US 110V wall charging block. Be sure to store it in a cool, dry place. If you do not have a standard US 110V wall charging block, we'd suggest charging via a USB port to ensure maximum safety. Please don't use damaged items.

We have to say it: Please remember that our toothbrush is designed to clean your teeth, tongue, and gums only. It is not a posh back scratcher or something to clean your keyboard with. Use our product only for its intended purpose!

Brush ready for retirement? Give it the send-off it deserves – dispose of it properly with help from **burstoralcare.com/battery-disposal**.

Warranty / Registration Info

Refreshment plan

The BURST Ambassador Dental Professionals recommend replacing your brush head every 12 weeks so you stay fresh. Oh, and as long as you're subscribed to your replacement heads, we'll proudly offer a lifetime warranty on your device and will replace it free of charge. SONIC BOOM!

Feel like chatting to an oral care enthusiast?

Reach out to: **hello@burstoralcare.com**

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